


Children with Autism Spectrum Disorders

STEP Training Manual

Programs
Experience-based
Teaching and
Structured

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What are Autism Spectrum Disorders (ASD) and what are the most effective treatment methods? This book tries to answer these questions of parents, teachers, therapists and other professionals involved.

This user-friendly manual is based on the current international knowledge in diagnosis and treatment of children with ASD. Concrete steps are described for the reduction of behavior problems and the development of skills.

The curriculum part of the manual exemplifies training sequences of the main treatment paradigms. New behavioral methods such as Precision Teaching are presented next to established methods such as the Discrete Trial Format, Experience-Based Learning and visual systems such as hand-signs, PECS and TEACCH. Training programs for the development of joint attention, sorting, imitation, communication, social behavior, play and independence are demonstrated. Several hundred teaching ideas and detailed task-descriptions are given within the above four teaching methods. Throughout the manual teaching targets are exemplified with sketches and photos.

The book helps parents and professionals with the difficult task to match specific treatments to their child. Guidelines are presented for selecting treatment methods and goals based on key features of individual children.

Recommendation

Psychologists, medical specialists, teachers, therapists and parents of children with ASD as well as students of the respective fields.